

Sun, Sea & Safety



Sun, Sea & Safety Quiz Answers

Q1. Which country had the highest number of drug related arrests of British people in 2010-2011?

A. Thailand

B. Spain

C. Brazil

Answer: B. Spain

While drug arrests are high in many countries, Spain continues to have the highest number. Does this surprise anyone?

This is most likely to be on possession charges rather than smuggling. For example – think about the drug scene in Ibiza.

Jail sentences for carrying drugs in Spain can be up to 12 years.

Q2. From 2008-2011 has the number of British people abroad needing assistance for hospitalisation:

A. Increased

B. Decreased

C. Stayed the same?

Answer: A. It has increased by 16% from 3146 to 3752.

Why do you think it has increased?

What kinds of things are happening that people end up in hospital?

Do you think alcohol is involved?

Q3. Alcohol is more potent (has a stronger effect) at a higher altitude.

True or False?

Answer: True

Many people may choose to drink alcohol in the airport before their flight and even continue drinking on the plane – the higher altitude will cause alcohol to have a greater effect on the body, meaning you will get drunk more quickly. This can also lead to dehydration so remember to drink water.

Think about arriving at your destination - your hangover may begin to set in on that lengthy bus journey to the hotel! How would you feel?

Q4. Around 7 in 10 young people binge drink while on holiday. Do you think this is right or do you think the actual figure is higher or lower?

Answer: It is higher - 9 in 10 young people actually binge drink while on holiday.

What is binge drinking?

9 in 10 young people are actually drinking every night while on holiday (in comparison to usually drinking 2-3 times a week while in the UK). What effect will this have on the body?

Liver needs at least 2 days a week without alcohol.

Q5. The majority of young people who take Ecstasy while in Ibiza are doing so for the first time.
True or False?

Answer: True

If someone decides to take drugs for the first time do you think it is a good idea to do this abroad?

What are the risks associated with this?